

**THURSDAY, SEPTEMBER 2.**

15.00 REGISTRATION

16.00 POSTER PRESENTATION IN THE CONFERENCE HALL

17.00 SESSION 1

Opening session.

**Anne-Grete Ström-Erichsen**, Minister of Health and Care Services, Norway.

**Sarah Stone**, Deputy Commissioner, Older People's Commission for Wales.

17.30 SESSION 2

***Basic concepts I***

Chair: Stein Husebø, Director, Dignity Center – Care for the Old, Norway. Conference Chairman

***a. Human rights***

Keynote Speaker: **Begona Roman**, Philosophy Professor, Universitet de Barcelona, Spain.

Worldwide millions of people are living in conditions, which threaten their lives, their rights and their dignity. 'Ageism' may become the new threat to human rights. What are the underlying values of the concept human rights? Are these values endangered in ageing societies?

***b. What constitutes good care?***

Keynote Speaker: **Anne-Sophie Parent**, Director of AGE, the European Older People's Platform, Belgium.

In ageing policies, and also in Human Rights, much emphasis is placed on the participation, security and pensions of older people. These are important conditions for the social integration of older people, promoting health and avoiding dependency. What is the policy when older people become dependent and in need of care? How are dignity, autonomy and self-respect safe guarded in such situations?

18.30 SESSION 3

***Basic concepts II.***

Chair: Signe Hananger, Administrative leader of the division of health and social services in The Norwegian Union of Municipal and General Employees, member of the International Conference Committee.

***a. Transition into an ageing society***

Keynote Speaker: **Wim van den Heuvel**, Professor in Care Sciences at the University of Groningen, The Netherlands, emeritus professor in medical sociology and rehab/handicap, member of the International Conference Committee.

The transition into a 'mature' society is rarely analysed from an historic demographic perspective. Are older people non productive citizens? Is it

really true that we cannot afford care for the old in the future?

***b. Dignity: its meaning and need***

Keynote Speaker: **Harvey Max Chochinov**, Professor of psychiatry at the University of Manitoba, and director of the Manitoba palliative care research Unit at CancerCare Manitoba, Canada.

Dignity signifies that a (human) being has an innate right to respect and ethical treatment. To realize dignity is not that easy, especially in the care of dependent persons. It supposes professionals as well as laypersons who have the competencies to deliver dignified care, a structure/organization, which enables care giving with dignity, and a society, which considers dignified care as a moral duty. What are the roles of the frail older people, their families and professionals in such processes? Do health care professionals have the qualities and competencies to support these processes?

20.30 RECEPTION / DINNER

**FRIDAY, SEPTEMBER 3.**

08.30 YESTERDAY, TODAY AND TOMORROW

INTRODUCTION: PROBLEMS AND POSSIBILITIES

Chair: Stein Husebø, Director, Dignity Center – Care for the Old, Norway. Conference Chairman.

08.45 SESSION 4

***Good care: Criteria, quality, competence, attainability?***

Chair: Marinela Olaroiu van den Heuvel, Geriatrician at RIAGG Maastricht, the Netherlands / Romania, member of the International Conference Committee.

Keynote Speaker: **Alexandre Kalache**, PhD, Senior Advisor to the US President on Global Ageing at The New York Academy of Medicine (NYAM).

Discussant: **Wolfgang Wodarg**, former Chair of the Health Committee at the Council of Europe, former SPD Member of the German Parliament.

The answers to questions like ‘what is good care?’ and ‘What level of care is needed?’ are not universal. Different perspectives have to be considered. Within these various contexts the central question is: how are we going to realise this care to ensure quality and accountability? How do we support families who take care of frail relatives? Which qualities do care professionals need when looking at the specific problems of frail older people? What new knowledge do we need to ‘create a mature society’?

09.30 COFFEE/ TEA

10.00 SOLUTION GROUPS, FOLLOWING UP SESSION 4

11.30 MARKETPLACE TO POST YOUR COMMENTS

12.00 LUNCH

13.45 SESSION 5

*The dying old, death as a fact of life*

Chair: Iva Holmerova, Director and consultant Geriatrician, Centre of Gerontology, Prague. President Czech Society of Gerontology and Geriatrics, member of the International Conference Committee.

Keynote Speakers: **Bettina Husebø**, PhD, Clinical Director at the Bergen Red Cross Nursing Home, Postdoctoral Fellow, University of Bergen, Norway – member of the International Conference Committee.  
**Sheila Payne**, Director of the International Observatory on End of Life at Lancaster University, UK, vice president of EAPC, the European Association for Palliative Care.

*Meeting severe ill and dying elderly patients – Spirituality and mind.*

Keynote Speaker: **Enric Benito**, Hospital Joan March, Mallorca, Senior Consultant in Palliative Care and Spiritually Group Coordinator (SECPAL), Spain.

Discussant: **Andreas Heller**, Professor Dr. in Palliative Care and Ethics, IFF University of Klagenfurt, Vienna, Austria.

The dying person may perceive her/himself as a burden, if the process of dying is denied as a natural part of life. Does accepting dying as a part of life also mean that taking your own life has to be acceptable if it is based on free will and an autonomous decision? Perhaps, frail older people experience a lack of qualified care due to changes in health care policies and health care arrangements. Can scandals about ‘inhumane care’ in turn be ‘structural’? Is there a choice for the frail older person?

15.25 COFFEE/ TEA

15.45 SOLUTION GROUPS, FOLLOWING UP SESSION 5

17.30 IN THE HALL OF THE MOUNTAIN KING. EXCURSION  
TO THE EDVARD GRIEG MUSEUM, TROLDHAUGEN

20.45 DINNER

**SATURDAY, SEPTEMBER 4.**

09.00 YESTERDAY, TODAY, AND TOMORROW. SUMMARY,  
PLANS AND POSSIBILITIES

Chair: Stein Husebø, Director, Dignity Center – Care for the Old, Norway.  
Conference Chairman.

09.30 SESSION 6

*The role and interactions of caregivers*

Chair: Johann Baumgartner, Styrian Hospital Association, Graz, Leader  
of KAGes-Services / Koordination Palliativbetreuung Steiermark, Austria,  
member of the International Conference Committee.

Keynote Speaker: **Robin Youngson**, Clinical Director at Waitake Hospital,  
Founder and Director of the Centre for Compassion in Health Care,  
Auckland, New Zealand.

Discussant: **Win Tadd**, Reader Cesagen, School of Social Sciences, Cardiff  
University, UK, Chair Welsh Assembly Government National Dignity in  
Care Group, member of the International Conference Committee.

Taking care of frail older people is a pleasure and a burden, a privilege  
and a duty. Caregivers maybe family members, volunteers or professionals  
who each influence each other. What circumstances make caregivers lose  
or gain motivation, satisfaction, meaning and compassion? How may vol-  
unteers keep their important role in societies? And when are interactions  
between the 'parties' successful?

10.15 COFFEE / TEA

10.45 NEW SOLUTION GROUPS, FOLLOWING UP SESSION 6

12.45 MARKETPLACE TO POST YOUR COMMENTS

13.15 LUNCH

15.00 SESSION 7

*Decision making in care for frail older people*

Chair: Sverre Chr. Wilhelmsen, Public Relations Manager, Dignity Center  
– Care for the Old, Norway, member of the International Conference  
Committee.

Keynote Speaker: **Stein Husebø**, Director, Dignity Center – Care for the  
Old, Norway. Conference Chairman.

Discussant: Thomas Klie, Prof.dr.jur, Protestant College Freiburg, Germany.

Patients have the right to participate in decisions about their care, e.g.,  
diagnostic and treatment interventions, diet, ambulation, daily care, and  
end-of-life care. Consent to (or refusal of) diagnostic and treatment inter-  
ventions requires that the person demonstrate their ability to consider the  
benefits, burdens and risks of their decision. Informed consent and agree-  
ment on treatment requires competence in decision making, which has

clinical, ethical and legal aspects. How can frail older people participate in end of life decisions in cooperation with health care professionals and families?

15.45 COFFEE / TEA

16.15 SOLUTION GROUPS, FOLLOWING UP SESSION 7

18.00 MARKETPLACE TO POST YOUR COMMENTS

20.00 THE LAST SUPPER

## SUNDAY, SEPTEMBER 5.

09.00 SESSION 8

### *Conclusions, reflections and follow up of the conference*

Chairs: Members of the International Conference Committee, Werner Kerschbaum, Secretary General, Austrian Red Cross and Wim van den Heuvel, Professor in Care Sciences at the University of Groningen, the Netherlands.

10.15 COFFEE / TEA. CHECK OUT (Before 12.00 o' clock)

11.00 A NEW AWAKENING. ARTS THEME – MORNING MOOD

By **Erling Dahl jr**, former Director of Bergen International festival and of the Edvard Grieg Museum Troidhaugen, Norway.

11.40 SESSION 9

### *Closing session: Dignity for the frail old in a mature society*

Chair: Stein Husebø, Director, Dignity Center – Care for the Old, Norway. Conference Chairman.

Keynote Speaker: **Bengt Westerberg**, President of the Swedish Red Cross, former Swedish Minister for Social Affairs.

Participation of older people is essential for the older people themselves, but also for society as a whole. The ageing of the population needs a change in society, a new society. However, looking at the current debates, such as those concerning participation being necessary for financial-economic reasons and whether dying viewed as part of life are rather negative developments which endanger the position of the elderly in society. Ageing is apparently a burden, not a blessing. It means firm policy measures are needed to realize dignified care at national and European levels

CLOSING REMARKS

By **Sven Mollekleiv**, President, Norwegian Red Cross.

13.00 LUNCH AND FAREWELL

**MUSICAL “COMMENTATOR” THURSDAY – SUNDAY:**

Gabriel Fliflet, Norwegian accordion player, singer, composer.

**THE CORE GROUP COORDINATING THE ORGANIZATION OF THE CONFERENCE:**

Dr. Stein Husebø, Director, Dignity Center – Care for the Old, Norway.  
Conference Chairman.

Prof. Dr. Wim van den Heuvel, the Netherlands

Coordinator Barbro Danielsen, Dignity Center – Care for the Old, Norway

Public Relations Manager Sverre Chr. Wilhelmsen, Dignity Center – Care for the Old, Norway

**THE INTERNATIONAL CONFERENCE COMMITTEE SUPERVISING THE PROGRAM:**

Johann Baumgartner, Styrian Hospital Association, Graz, Austria

Signe Hananger, Representative of The Norwegian Union of Municipal and General Employees (NUMGE)

Marinela Olaroiu van den Heuvel, RIAGG Maastricht, the Netherlands/  
Romania

Wim van den Heuvel, University of Groningen, the Netherlands

Iva Holmerova, Centre of Gerontology, Prague, Czech Rep

Bettina Sandgathe Husebø, University of Bergen, Norway/Germany

Stein Husebø, Dignity Center – Care for the Old, Norway

Monica Håkansson, Representative of the Norwegian Red Cross

Werner Kerschbaum, Austrian Red Cross, Austria

Win Tadd, Cardiff University, United Kingdom

**IN COOPERATION WITH:**

AGE – the European Older People’s Platform

**UNDER THE AUSPICES OF:**

The European Association for Palliative Care, EAPC Onlus

**SUPPORTED BY:**

Norwegian Union of Municipal and General Employees (NUMGE), Norway

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Norwegian Red Cross, Norway

Grünenthal Foundation for Palliative Care, Germany

German Hospice Foundation, Germany

GC Rieber Foundation, Norway

V. Aase and J. F. Odfjell Foundation, Norway

Kommunal Landspensjonskasse Mutual Insurance, Norway